

# Silver Lake's Wild Inhabitants

## *A Wealth of Plant Life*

The Dolomite Limestone that underlies much of this area is rich in minerals, and this richness nurtures an abundance of plant species. The lake area is home to seven uncommon or rare plant species, including *Coeloglossum viride* var. *virescens* (Long-bracted Orchis) and *Malaxis unifolia* (Green Adder's Mouth). If you explore the fields and woods in this area, you'll likely find apple trees that are remnants of the hotel's extensive orchards. Look for paper and black birch, white pine, and red maple—species that spring up in abandoned fields.

## *Rocky Point Interpretive Trail*



A good way to learn more about the plants and animals that live in and around Silver Lake—and perhaps glimpse them in action—is to walk the Rocky Point Interpretive Trail. This 2.5-mile trail circles the lake near its shoreline. The Rocky Point Trail Guide will point out and explain features along the way. Though the trail has a relatively level grade, it is narrow and rocky in places.

## *...and Wildlife*



As the landscape around Silver Lake changes—either naturally or through human intervention—animal populations change as well. Fields that support Grouse, Bluebirds, and Meadowlarks give way to forests inhabited by Hermit Thrushes, Ovenbirds, and Warblers. Look for tracks and scat left by some of the lake area's current wild residents—bear, porcupine, moose, showshoe hare, bobcats, and fishers. Silver Lake's clear, cold water makes great trout habitat, and the State of Vermont stocks the lake annually with brook and rainbow trout.

For Moosalamoo Association Information:  
Call 1-800-448-0707 or visit  
[www.moosalamoo.org](http://www.moosalamoo.org)

For Green Mountain National Forest Information  
Call 1-802-388-4362 or visit  
[www.fs.fed.us/r9/gmfl/index.htm](http://www.fs.fed.us/r9/gmfl/index.htm)



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